



2009-10 CALENDAR

SPORT	FIRST PRACTICE DATE	FIRST CONTEST DATE	DAYS OR CONTESTS	OPT OUT DUE DATE	DUE DATE OF RATINGS	MHSAA TOURNAMENT DATES				
						DISTRICTS	REGIONALS	QTR FINALS	SEMI FINALS	FINALS
FALL										
Cross Country: LP	Aug 12	Aug 21	15D	Oct 23			Oct 30 or 31			Nov 7
Cross Country: UP	Aug 12	Aug 21	15D	Oct 16						Oct 24
Football	Aug 10	Aug 27	9C	N/A	Dec 1	Oct 30 or 31 & Nov 6 or 7	Nov 13 or 14		Nov 21	Nov 27-28
Golf: LP Girls	Aug 12	Aug 19	16D	Sep 25			Oct 8 or 9 or 10			Oct 16-17
Soccer: LP Boys	Aug 12	Aug 21	18C	Sep 30	Dec 1	Oct 19-24	Oct 27-31		Nov 4	Nov 7
Swimming: LP Girls	Aug 12	Aug 21	17D	Nov 16			Dive: Nov 17			Nov 20-21
Tennis: LP Boys	Aug 12	Aug 19	16D	Oct 2			Oct 8 or 9 or 10			Oct 16-17
Tennis: UP Girls	Aug 12	Aug 19	16D	Sep 25						Sep 30-Oct 3
Volleyball	Aug 12	Aug 21	18D	Oct 7	Dec 1	Nov 2-4 & 5 or 6 or 7	Nov 10 & 12	Nov 17	Nov 19-20	Nov 21
WINTER										
Basketball: Boys	Nov 16	Dec 7	20C	Feb 10	Apr 1	Mar 8 & 10 & 12	Mar 15 & 17	Mar 23	Mar 25-26	Mar 27
Basketball: Girls	Nov 9	Nov 30	20C	Feb 3	Apr 1	Mar 1 & 3 & 5	Mar 9 & 11	Mar 16	Mar 18-19	Mar 20
Bowling: Boys & Girls	Nov 12-UP Nov 16-LP	Nov 28-UP Dec 5-LP	24D	Feb. 5			Feb 26-27			Mar 5-6
Competitive Cheer	Nov 9	Nov 23	12D	Feb 5	Apr 1	Feb 19 or 20	Feb 27			Mar 6
Gymnastics	Oct 26	Nov 14	15D	Feb 26			Mar 6			Mar 12-13
Ice Hockey	Nov 2	Nov 16	24C	Feb 3	Apr 1		Mar 1-6	Mar 9-10	Mar 11-12	Mar 13
Skiing: Boys & Girls	Nov 16	Dec 12	15C	Feb 5			Feb 11 or 12			Feb 22
Swimming: LP Boys	Nov 23	Dec 5	17D	Mar 8			Dive: Mar 9			Mar 12-13
Swimming: UP Boys & Girls	Nov 9	Nov 21	17D	Feb 15						Feb 20
Wrestling: Individual	Nov 16	Dec 2	16D	Jan 27	Apr 1	Feb 13	Feb 20	ALPHA WEIGH-IN		Mar 4-6
Wrestling: Team	Nov 16	Dec 2	16D	Jan 27	Apr 1	Feb 10 & 11	Feb 17	10/19/09 - 1/31/10		Feb 26-27
SPRING										
Baseball	Mar 15	Mar 24	56 G+D	May 12	Jun 1	Jun 1, 4 or 5	Jun 12	Jun 15	Jun 18	Jun 19
Golf: LP Boys	Mar 15	Mar 22	16D	May 12		May 27 or 28 or 29	Jun 3 or 4 or 5			Jun 11-12
Golf: UP Boys & Girls	Mar 15	Mar 22	16D	May 21						Jun 2-5
Lacrosse: Boys & Girls	Mar 15	Mar 24	18C	April 28	Jun 1		May 20-Jun 5		Jun 9	Jun 12
Soccer: LP Girls	Mar 15	Mar 24	18C	May 12	Jun 1	Jun 1-5	Jun 8-12		Jun 16	Jun 19
Softball	Mar 15	Mar 24	56 G+D	May 12	Jun 1	Jun 1, 4 or 5	Jun 12	Jun 15	Jun 18	Jun 19
Tennis: LP Girls	Mar 15	Mar 22	16D	May 14			May 20 or 21 or 22			Jun 4-5
Tennis: UP Boys	Mar 15	Mar 22	16D	May 28						Jun 2-5
Track & Field	Mar 15	Mar 24	18D	May 17-18			May 21-22			Jun 5